

# St. Barnaby Newsletter – January 28, 2023

Sunday, January 28 - Mass is at 9:00 am

[StBarnaby@archkingston.ca](mailto:StBarnaby@archkingston.ca).

## **4<sup>th</sup> Sunday in Ordinary Time**

The word of God will always challenge us to the depth of our being. Today it is asking us how honest and authentic we really are as we face the problems of living the Christian message amid a questioning world.  
– Desmond Knowles-

**First Communion, Reconciliation and Confirmation:** Families who have children ready to prepare for these sacraments are asked to contact the parish office at the above email. Fr. Amato will get back to you as to what is required.



**A big thank you for all the socks and food donated for the Seeley's Bay food bank. It was greatly appreciated!! There was 80 pairs of socks, a couple toques and mittens, as well as food.**

**150<sup>th</sup> Anniversary :** We are still looking for more St Barnaby memories and photographs for our 150th anniversary booklet. The information can be left at the back of the church or emailed to [bob.crichton1@gmail.com](mailto:bob.crichton1@gmail.com)

**ALPHA is Coming! (Presented by Holy Family Parish) -Mondays, starting February 5 - April 8, 2024; 6:15 pm - 8:30 pm -Our Lady of Fatima Parish Hall (588 Division Street, Kingston)**

This is a FREE course and dinner will be served. ALPHA is a series of 10 videos, about 30 minutes long, that explore the big issues around the Christian Faith, with a Catholic view and allow us to deepen our relationship with Jesus . These are followed by group discussions, to share thoughts and ideas on the topic. Everyone's welcome. No matter your background or beliefs, you're invited. Registration is required. Please contact Holy Family at 613-548-8587 or [holyfamily@archkingston.ca](mailto:holyfamily@archkingston.ca). For more information check out [alphacanada.org](http://alphacanada.org).

**Veronica's Veil Overnight Shelter: Men, your help is needed.**

We need your generosity. Shifts will run 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am seven days a week. If you could volunteer for one of these shifts one day each week it would be a great help. Training will be provided. Please contact Ann Lyng at [veronicasveil@stmaryscathedral.ca](mailto:veronicasveil@stmaryscathedral.ca) to sign up or for more information.

Each year, the Holy Father asks for our prayers for a specific intention each month. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month.

## January

For the gift of diversity in the Church

We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

